

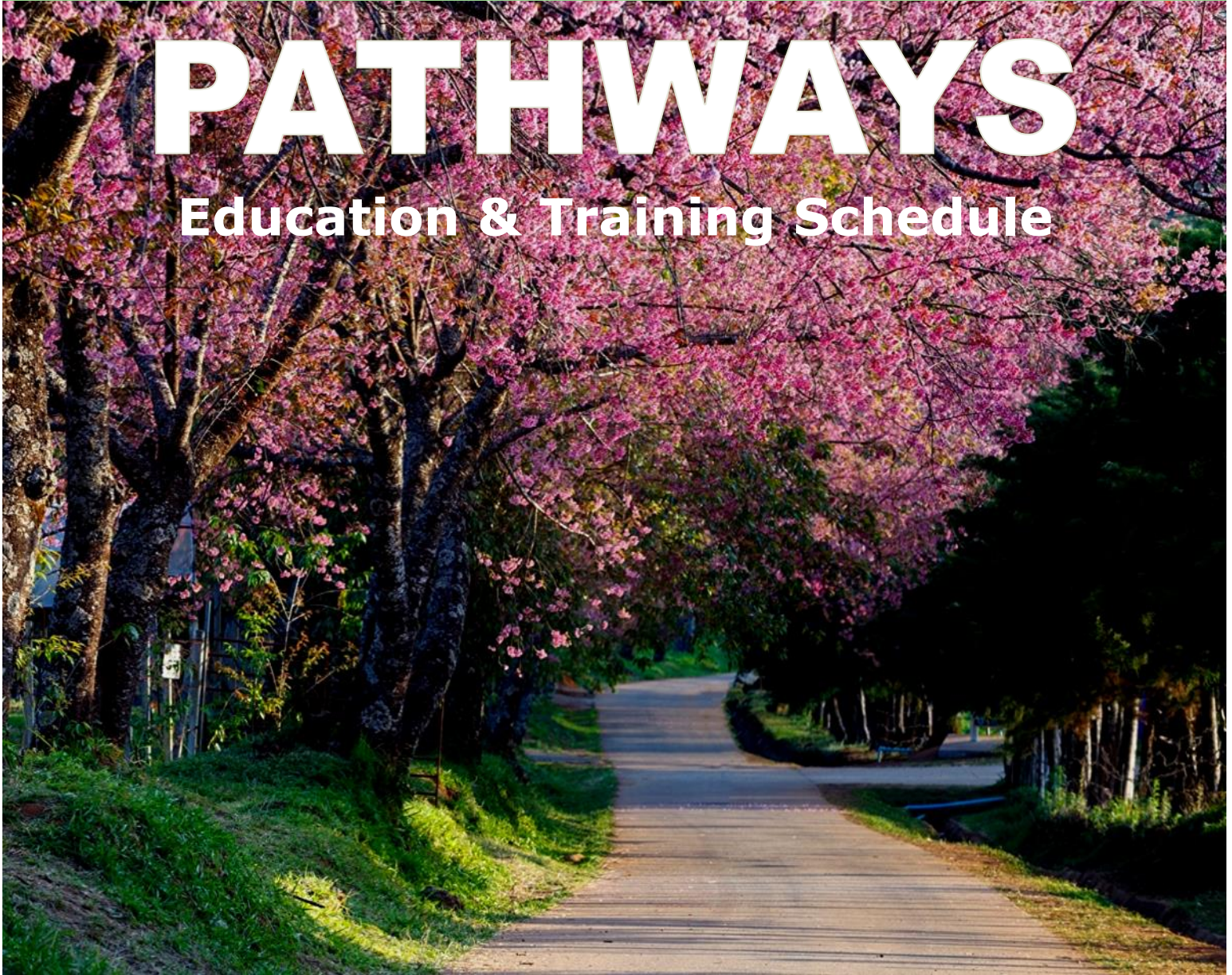
# Valley Unified Continuing Education

*A Partnership Between MSAD#27 & the Madawaska School Department*

## Winter/Spring 2019

# PATHWAYS

## Education & Training Schedule



***Brianna Dumond***

***See Learner Stories, Page 6***



***Abagayle Hafford***



Like us on Facebook:

*Valley Unified Continuing Education*



Visit us on the Web:

**[www.vuce.maineadulted.org](http://www.vuce.maineadulted.org)**



Smart phone/tablet users:

Scan the QR code to visit our web site and register for classes.



# Distance Education and Blended Learning Opportunities 1

**Valley Unified Continuing Education Blended Learning opportunities are courses in which:**

- ⇒ a majority of the learning content is delivered online;
- ⇒ online & other distance supports and communication between learners & instructors are available; and
- ⇒ Live, face-to-face meetings between students & instructors are scheduled regularly.

Our blended learning opportunities feature the award-winning **PLATO**® web-based teaching/learning platform— an effective, easy-to-access (anytime, anywhere) technology-assisted instructional delivery system.



## Ed2Go Online Personal & Professional Development

Over **500** courses offered every 6 weeks!  
Starting at just **\$100!**

You can complete any of these courses entirely from your home or office at any time of the day or night! Also try the first week of each class FREE! as a bonus.

Courses offered in:

**Accounting & Finance, Business, College Readiness, Computer Applications, Health Care, Language & Arts, Teaching, Personal Development, & more.**

## Health Ed Today Online Healthcare Learning



Course costs start at **\$499. Online access, 24/7.**

The healthcare industry is changing rapidly. New demands require the ability to learn concepts by utilizing & accessing new medical innovations. Successful course completion will provide necessary skills to pursue employment opportunities in *hospitals, clinics, research facilities, and other healthcare organizations* nationwide.

Health Ed Today provides online programming to meet these growing needs in a variety of courses:

**Phlebotomy, Pharmacy Technician, Medical Terminology, Dental Assisting, & more.**



These courses are available on-line, through live distance learning technology, webinars, & on-site in designated locations. Other services include assistance with resume development, employment searches, and completing applications.

### Courses include:

- Medical Transcription Certification - \$2,400
- Medical Coding with CPC Certification - \$3,500
- Medical Billing Spec. (CPB Certification) - \$2,400
- Clinical Medical Assistant - \$3,000
- Medical Office Spec. (CMAA Nat'l Cert.) - \$3,000
- Pharmacy Technician (PTCB Cert) - \$1,850
- Certified Dental Assistant—\$2,400 **& More**

**Note: Tuition payment plans are available!**

Certified in Maine by the Department of Education, Health & Human Services, & Department of Labor.

Call the Academy of Medical Professions at **1-866-516-8274** or visit the web at [www.academyofmedicalprofessions.com](http://www.academyofmedicalprofessions.com).

## MIND EDGE



Valley Unified Continuing Education, in collaboration with MindEdge, offers the latest in online courses & certificates featuring diverse content delivery such as video, interactive exercises, and simulation technology.

Simply choose your course, register online and begin! Study at your own pace.

If you ever thought about trying an online course but were unsure of its benefits, try one of these self-paced courses today:

**Cybersecurity, HR Management, Marketing, Communication & more.**



### Madawaska Office Hours

M, W-F: 12:30 P - 4:30 P  
T/W: 5:00 P - 6:30 P  
& By Appointment

**Phone: 728-6314**

135-7th Avenue (In Madawaska High School)

### Fort Kent Office Hours

M-F: 8:00 A - 4:00 P  
T/W: 4:00 P - 7:00 P  
& By Appointment

**Phone: 834-3536**

84 Pleasant Street (In Community High School)

**Put Yourself on the Path to Success!**

**Valley Unified Continuing Education - Call TODAY to talk about your FUTURE.**

## Adult Learning Labs

*Various Instructors*

These multi-purpose classroom sessions are specifically designed to accommodate a range of learner needs:

- improve reading, writing, & math skills;
- earn credits toward a High School Diploma;
- prepare for the ETS HS Equivalency Test (*HiSET*®); or
- prepare for a new career pathway.

*Students may sign up for multiple sessions per week.*

## HiSET® Prep (High School Equivalency Test)

This course helps students prepare for the 5 subtests on the ETS HS Equivalency Test (HiSET®). Students learn skills necessary to meet criteria in:

Writing, Social Studies, Science, Reading, & Math.



\* These free prep classes also include free testing as needed.

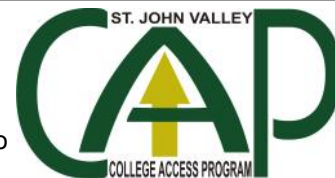
C H S	<b>Monday-Friday</b> 8-11 AM & Noon-3 PM	<b>1/28-6/14</b> CELC	Classes offered at <b>NO COST</b> due to grant support.	M M H S	<b>Tuesday, &amp; Thursday</b> 8-11 AM & Noon-3 PM	<b>1/29-6/13</b> MMHS 215
	<b>Tuesday, Wednesday</b> 4-7 PM	<b>1/29-6/12</b> CELC			<b>Wednesday, Friday</b> 8-11 AM	<b>1/30-6/14</b> MMHS 215
					<i>Evening sessions arranged as needed.</i>	

## College Access Opportunities

### St. John Valley College Access Program

*Various Instructors*

- Have you dreamed of college but never had the opportunity?
- Have you thought about continuing your education but doubted your ability to succeed?
- Perhaps you've been out of school for a while and wonder if you still have the skills required to succeed; or
- You've just completed high school and never thought about training for a career until now.



**The St. John Valley College Access Program (CAP) can be your ticket to post-secondary education & training!**

**Courses: *College Ready Reading/Writing, Technology Applications, & College Ready Math***

**College Transitions Courses** are designed for learners interested in attending college. This includes web-based & off-line lessons as well as those facilitated by a live instructor. Learning is self-paced and includes Success Building workshops in: Study Skills, Career Exploration, Admissions, Financial Aid and The Language of College facilitated by a Regional Advisor from the Maine Educational Opportunity Center (MEOC).



*The St. John Valley College Access Program is a partnership between:*

- Valley Unified Continuing Education
- Maine Educational Opportunity Center
- University of Maine at Fort Kent.



## Family Literacy Services

**Want to get your HS Diploma or HS Equivalency Diploma? Do you have a child at home?**

*Valley Unified Continuing Education can help: Individualized learning plans/schedules; At-home tutoring; Parent & Child activities; Maine Licensed Daycare center available while you study, & FREE children's books.*

***This program is provided at NO cost to qualifying families.***

**Family Literacy makes families stronger. Families that learn together, grow together.  
Our Family Literacy program works with parents and their children, age birth through eight years**

Participating families have access to a full range of services, including:

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>• High School Diploma, <i>HiSET</i>® Preparation, &amp; College -Ready courses;</li> <li>• Reading, writing, &amp; math skills classes;</li> <li>• Computer skills classes;</li> </ul> | <ul style="list-style-type: none"> <li>• Parent education sessions; early childhood testing;</li> <li>• Early childhood language development, early reading services, social &amp; gross motor skill development; &amp;</li> <li>• Transportation.</li> </ul> |
|---|---|

# Workforce Development Occupational Certificate Opportunities 3

## Certified Nurses Aid (CNA)

(T/TH: 5:30-9:30 PM, SJVTC PLUS Lab & Clinical Sessions) \* Dates TBD once min. enrollment is met **\$850** *Various Instructors*

This course prepares learners for basic nursing assistance under the supervision of a registered nurse. It provides the opportunity to learn basic C.N.A. skills: maintain a proper physical & emotional patient environment; report/record observations; provide assistance in personal hygiene; assist with nutrition, elimination, emergencies, & general patient care.

**188 hours required:** 98 classroom, 20 lab, & 70 clinical. Cost includes First Aid/CPR, course text, & state exam.

## CNA-M (Pharmacology)

(T/TH, 5:30-9:30 PM, CHS, Room 112) \* Dates TBD once min. enrollment is met **\$500 plus texts** *Paul Saucier*

Approved by the Maine State Board of Nursing, this course prepares the experienced CNA to administer non-injectable & injectable medications to patients 14+ years of age under the direct, on-site supervision of a licensed registered nurse in long-term care facilities.

**Requirements:** Registered CNA's w/equivalent of 1-year experience in long-term care, evidence of **2080** hours C.N.A. experience, 2 letters of reference, date of hire, date of birth, Social Security #, and a passing score on the required pre-registration assessment.

## Personal Support Specialist (PSS)

(T/W, 4/23-6/5, 5:30-8:30 PM, CHS & MHS; plus SAT Clinical, 6/8, 8-5 PM, Site TBD) **\$325** *Linda Currier*

This distance education program prepares participants for direct-care support to consumers in assisted living programs, residential care facilities, adult day service programs, and home care settings. Topics include: legal/ethical aspects of care; communication; observation, documentation/reporting; health, safety, & fire prevention; concepts of aging and illness; & basic ADL skills.

**This is a project of the Aroostook Continuing Education Development Hub.**

## ServSafe®: Applied Food Service Sanitation

(Day 1/Class: 9 AM-3 PM; Day 2/Exam: 1 PM-4 PM) \* Dates TBD once min. enrollment is met **\$130** *Diane Charette*

This course offers thorough preparation for the *ServSafe Food Protection Manager* Certification Exam that is required in Maine. This training is designed for independent restaurant owners, industry and academic trainers, students, sanitarians, health officials, & food service employees. Fee includes: course, book, & exam. *Valley Unified Continuing Education* is an official *ServSafe* certification/re-certification testing site.

## St. John Valley Small Business Seminar

### QuickBooks in a Day

TH, 1/10, 8:00 AM - 3:30 PM, Nadeau Hall Teleconference Room, UMFK **\$90 (includes refreshments/lunch)** *Lee Theriault, CPA*

This day-long session will touch the basic forms, lists, reports, and sections of QuickBooks: identify problems within a file, provide data solutions, and organizing data for efficient year-end tax processing.

**The following day-long workshop includes snacks & lunch.**

### Building a High-Performance Team

W, 4/17, 9:00 AM-Noon, Nadeau Hall Teleconference Room, UMFK, **Full Day \$70** *Jeff Davis*

This morning session is an activity-based training that will include activities and discussions on creating and supporting a high performing team, covering key concepts and action steps you can apply immediately:

- *Employee Engagement, Building a High Performing Team;*
- *Working with Employee Expectations;*
- *Creating Cultural Direction;*
- *Setting SMART Goals; and*
- *Characteristics of an Influential Leader;*
- *Individual Performance Management.*

### “Communicationability” - Verbal & Non-Verbal Communication in the Workplace

W, 4/17, 1:00-4:00 PM, Nadeau Hall Teleconference Room, UMFK

In the afternoon session, these questions are asked: *Do others consider you a good communicator? Can you demonstrate your verbal and non-verbal communication skills?* The facilitator will help the group process the answers to these questions for your organization.

This activity-based workshop will teach you:

- *Different kinds of communication: the good, the bad, and the ugly;*
- *How to match your verbal and non-verbal communication;*
- *A “3 step” process to good communication;*
- *Delivery of verbal and non-verbal messages in a way that shows you are a strong communicator;*
- *How to use your voice as an effective instrument or tool;*
- *How to effectively communicate with others; and more.*

## Valley Education & Training Trucking Initiative (VETTI) Keep Right Commercial Driving School (CDL) Training Program



**Interested in a career in the trucking industry?**  
Looking to train current employees? Valley Unified Continuing Education has partnered with a certified vendor to deliver a CDL training program in Madawaska through the **Valley Education & Training Trucking Initiative (VETTI)**.

**\$5,750 plus fees:** DOT Drug Test, Physical, Road Test, & additional endorsements  
**Note:** Assistance with training costs may be available for qualified applicants.

**July 8-September 6, 2019** (alternate later date may apply)  
**7:30 AM-5:00 PM, Monday - Friday**

**Program Requirements:** Personal interview; valid Maine Driver's License, copy of driving record (to be reviewed for eligibility), alcohol & controlled substance screening (must be negative), DOT physical in accordance with Federal regulations (must be found qualified), and be at least 18 years of age.

**Mandatory screening & orientation session held in June - Date TBD.**  
**Applications accepted beginning in January.**

**For more information  
on the  
Valley Education &  
Training Trucking Initiative,**  
Call **834-3536** or **728-6314**

### Winter Ag School 2018

UMe Cooperative Extension Service / ME Department of Conservation

**Tuesdays MMHS Library FREE**

These classes are *free* and open to the public; please call UMaine Cooperative Extension at **834-3905** or **1-800-287-1421** to register:

**Feb 12 Backyard Maple Syrup:** Learn about which trees are best for sap, the necessary tools & equipment, and how to get started. Learn how high tunnels can extend the growing season, and which vegetable varieties grow best.

**Feb 26 Home food Preservation & Canning Basics:** Overview of food preservation options plus an in-depth discussion of water bath and pressure canning.

**March 12 Growing High Bush Blueberries:** Discover which HB blueberry varieties grow best in Northern Maine, how to plant and maintain them, and how to enjoy them!

**March 19 ABC's of Beekeeping:** The basic ABC's of beekeeping.

**March 5 Benefits of Growing vegetables in High Tunnels:**

## State of Maine Safety Courses

### ATV Safety

(M, 5/21, 6-9 PM, CHS, Library)

Paul Nadeau

\$10/person

This course will cover safe operation, ethics, laws, courtesy, and first aid. Participants will learn how to properly operate and maintain their all-terrain vehicles. **Attendance is required at every class in order to receive a certificate.**

**Participants completing this course will receive a one-time \$5 discount off the membership cost to join the Valley ATV Riders**

### Boating Safety

(T/W, 6/4 and 6/5, 6-9 PM, CHS, Library)

Paul Nadeau

\$10/person

Participation in a boating education course will teach how to properly operate and maintain a boat. Laws, responsibilities and personal safety will also be covered. Passage of a final exam is required. **Note: Persons 16 years of age and under 18 years of age May Not** operate a personal watercraft unless they possess on their person, identification showing proof of age and proof of successful completion of a boating safety course or unless they are accompanied by a person 18 years of age or older who physically occupies the personal watercraft.

### Maine Driving Dynamics Course

(SAT, 3/9, 8:30 AM-2:00 PM, SJVTC, MPR)

Michael Truman

\$40 (15-64 yr olds), \$25 (65 yrs +)

Delivered by a certified instructor, this program designed by the Maine Bureau of Highway Safety, offers opportunity to improve defensive driving abilities. This 5-hour course will include discussion of collision avoidance techniques, safety issues, driver habits/attitudes, and basic elements that constantly challenge Maine drivers. The course offers a mix of lectures, videos, and discussion.

**Participants completing this course will receive a 3-point credit on their driving record.**



Programming posted on this page include Personal Enrichment classes at the Madawaska site.

## Art & Painting with Friends

This is *NOT* an instructor-led course but offers an arena for peer sharing in a relaxed, "art" therapy environment, providing peer support in a central meeting place for sharing art work and tips.



Cost includes 10 sessions paid to:  
**Valley Unified Continuing Education**

**Mondays, 1/14 to 5/6, 1:30-4:30 PM**  
MMHS - Art Rm      \$5 resident / \$10 non-resident

**Register EARLY to avoid the disappointment**

## Becoming a U.S. Citizen Continuing Ed Instructor Sessions TBD on individualized schedule

Participants will learn necessary steps toward naturalization and prepare for the Naturalization Interview & Exam.



Schedule created on 1:1 basis  
**NO COST**

Call 728-6314 or 834-3536

## Grow Your Own Organic Garden! MOFGA Staff

Interested in growing your own vegetables in a sustainable manner? Join us for an evening & learn how to grow your own organic garden. Topics include: basics of soil science; how to enrich your soil for healthy, high-yielding plants; the fundamentals of compost; the principles of crop rotation and green manures to manage nutrients; knowing the difference between cultivated plants and weeds; and basic weed control strategies and pest management. We will even send you home with free seeds! All are welcome, from first-timers to experienced gardeners.

**Wednesday, 4/3, 6:00-9:00 PM**  
SJVTC, MPR  
**\$10.00 materials fee**

Call 728-6314 or 834-3536



## Meal Planning & Preparation Claire Saucier

Session 1- Meal Planning on a Budget (3 sessions)  
Learn the basics of eating healthy on a budget. No prior cooking skills needed.

**Thursdays, 6-7:30 PM SJVTC, 1/31, 2/7, & 2/28, \$30**

Session 2- Meal Planning for the Busy (3 sessions)  
Learn about clean eating and how to prepare healthy foods for your busy lifestyle. A basic understanding of cooking and food is required for this session.

**Thursdays, 6-7:30 PM SJVTC, 3/7, 3/14, & 3/21, \$36**

**Choose both sessions and get a discount, \$60**

Call 728-6314 or 834-3536

## Quilting Paula Sorenson new

Participants will need to bring their own machine and supplies (scissors, fabric, ruler, etc.). Topics addressed: sewing a straight seam, parts of a quilt, constructing blocks, layering and fastening, and finishing edges. You will be able to complete a lap size quilt by the end of the course.

**Tuesdays, 1/22 to 3/19 5:30-7:30 PM, 8 sessions**  
MMHS, Art Room, \$50 for the series

**To Register & Pay: call Paula @ 436-0933.**

## Yarn Crafts with Jackie Jackie Querze

Whether you are a beginning crafter or you need help to finish a project already started, come relax for an evening of instruction in reading patterns and basic stitching led by an experienced crafter who can instruct in knitting, crocheting, and embroidery at all skill levels. **Payment made directly to the instructor.**

**Wednesdays, 1/16 to 2/27 6:00-8:00 PM**

**Classes at Jackie's Home:**  
410 Winter Street, Apt. #101, Madawaska  
**\$40 for 7 sessions**

**To Register & Pay: call Jackie @ 316-2522**



Co-sponsored w/ Madawaska Recreation Department & the Madawaska Community Gym:

**Community Gym Members: NO COST**

**Non-Gym Members: \$10 /year for each class**

Call Madawaska Recreation Department @ 728-3604

(see ad on back cover)

## Senior Exercise NO COST Over 55

These low-impact exercises are sure to keep you limber and fit. Whether you are experienced or a novice, join this group for year-round fitness.

**Madawaska Senior Citizen's Center T/TH, 9:30-10:30 AM**  
**Grand Isle Community Center M/W/F, 9:00 - 10:15 AM**

## Yoga Claudette Morin

This class offers well-rounded, safe techniques for beginners and the more experienced to help create balance, strength, flexibility, and endurance.

**M/TH 9-10 AM, All Year Madawaska Community Gym**

## Zumba Suzanne Gendreau new

### ZUMBA GOLD:

This class is focused on cardio, strength, and balance. It is all the fun of Zumba but without the jumping. Accessible for everyone and good for beginners.

**Madawaska Community Gym, T/TH, 5:45 to 6:45 PM**

### ZUMBA GOLD SENIORS:

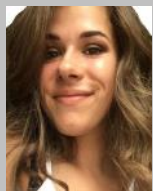
This class is focused on gentle cardio and balance. It is a much slower pace with no jumping or fast turning. Great for beginners and active seniors!

**Madawaska Community Gym, T/F, 8:30 to 9:15 AM**

**TOPS Academy** provides an alternate schooling option for high school learners who, through this program, are encouraged and expected to be independent leaders. Two of our learners are exactly that.



**Abagayle Hafford** is a TOPS Academy Junior who began the program as a blended learner last year. She stepped into her role as a TOPS Academy scholar with ease. In class, Abagayle can be seen hard at work even when struggling with the content. She is instrumental in managing the class's daily routine by sharing motivational quotes every morning.



**Brianna Dumond** is a second year TOPS Academy learner who has become an exceptional leader not only with her peers, but also with children in the CHIPPY program. Brianna has taken initiative to learn another language in order to communicate with one child who's family are not native English speakers. She is dependable, working through some of her toughest days with a smile.

## St. John Valley Senior College

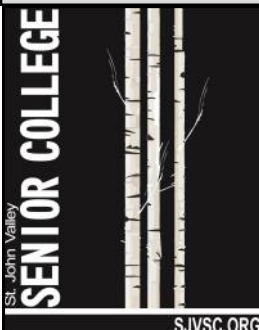
If your are age 50 +, join us in stimulating conversations, classes, lectures, & conferences:

- Current Events & Politics**
- Arts & Humanities**
- History & Social Sciences**
- Science & Technology**
- Health & Aging Well**

### St. John Valley Senior College membership & tuition policy:

- Membership is required to attend classes
- Membership fee is \$15 per term & covers ALL classes
- Pre-registration for each class is required
- Scholarships are available

To become a member or register for classes, call **834-3536** or **728-6314**. You can also stop by one of the Continuing Education sites located at Community High School in Fort Kent or at the Madawaska Middle/High School.



### Spring 2019 Offerings include:

- Aroostook Balloon Festival (Late August)
- American Sign-Language—3 sessions
- St. Louis Church Hstry/Stained Glass Windows

### Watch out for the flyer coming soon!

- Bouchard Family Farm
- History of Fort Kent
- History of the Lions Club
- Line Dancing—8 sessions & more . . .

The St. John Valley Senior College is a partnership between **Valley Unified Continuing Education**, the **University of Maine at Fort Kent**, and the **Fort Kent Elderly Social Action Council**

## Senior Series

**To register for the Senior Series, simply attend the first session & make your payment directly to the instructor.**

### Fitness after 60

Lucille Loder

This group exercise class is designed to help seniors achieve their health and wellness goals in a fun and challenging way including the use of resistance bands and light weights to help strengthen muscles and improve flexibility, balance and coordination. Participants are asked to wear comfortable clothing.

**Tuesdays & Thursdays 1/8-4/11**  
**9:30-10:30 AM Fort Kent Senior Center \$30**

### Quilting

Joan Paradis, LouAnn Watt,  
 Nancy Thibodeau, & Leonette Soucie

Quilters of all levels are welcome!

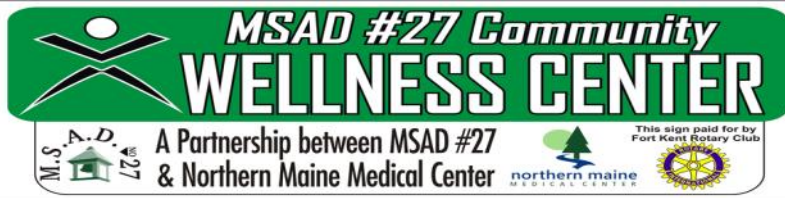
Please call: **834-5933, 834-3819** or **834-6363**  
 For beginning, intermediate, and advanced quilters.

You are encouraged to bring your own project Bring a sewing machine, basic sewing supplies & fabric if applicable.

**Fridays 1/4, 1/18, 2/1, 2/14, 3/1, 3/14**  
**9:00 AM-3:00 PM FK Senior Center \$30**

# Health and Fitness

The **MSAD #27 Community Wellness Center** & the **Madawaska Community Gym** are available to community members. Put Yourself on the Path to Wellness. Don't Wait! Start Today!



## FORT KENT

## MADAWASKA

<p><b>Fee Rates:</b></p> <ul style="list-style-type: none"> <li>\$125 for 12 months</li> <li>\$75 for 6 months</li> <li>\$20 per month</li> </ul> <p><b>Hours of Access:</b></p> <ul style="list-style-type: none"> <li>M-F: 5:30 - 7:30 AM; &amp; 3:00 - 8:00 PM</li> <li>SAT: 7:00 - 11:00 AM</li> <li>SUN - CLOSED</li> </ul> <p><b>Terms of Use:</b></p> <ul style="list-style-type: none"> <li>At Your Own Risk</li> </ul>	<p><b>Fee Rates: (19-54)</b></p> <ul style="list-style-type: none"> <li>\$300 for 12 months</li> <li>\$175 for 6 months</li> <li>\$35 per month</li> </ul> <p><b>Fee Rates: (55-64)</b></p> <ul style="list-style-type: none"> <li>\$250 for 12 months</li> <li>\$150 for 6 months</li> <li>\$30 per month</li> </ul> <p><b>Specials:</b></p> <ul style="list-style-type: none"> <li>Weekly Pass: \$20</li> <li>Day Pass: \$5</li> <li>Family: \$500 per year</li> <li>Oct. 1 - Jan. 31: \$200 for 12 months</li> <li>65+: FREE Pass</li> </ul> <p style="text-align: right;">Call Madawaska Rec. Dpt. For more information. <b>728-3604</b></p>
<p><b>Key Card Access:</b></p> <p>Cards can be obtained through the Valley Unified Continuing Education Office</p>	

## Important Registration Information

### Pre-Registration Required

- Register early or classes may be cancelled for low enrollment
- NOTE:** You are not officially registered until payment is received



### Refunds

- Full refund for cancelled classes or withdrawal from multi-session course before the 2nd session.
- NO refund for 1-session classes after that class has met

### Weather Cancellations

- All classes are canceled when K-12 is canceled
- If bad weather develops later in the day, cancellations will be announced on Channel X Radio and the office answering machine



### Material, Lab, Book and Non-Resident Fees

- Material costs are not refundable
- Book costs are the responsibility of the student and must be purchased prior to the first class.
- Additional fees may be assessed for non-residents.

### Outstanding Accounts

- Unpaid balances must be fully paid to receive certificates, take exams, or participate in additional courses.

#### We accept card payments online:

*MasterCard, Visa, Discover, American Express, or PayPal.*

[www.vuce.maineadulted.org](http://www.vuce.maineadulted.org)

**NOTE: We cannot accept card payments over the phone.**

### Other Information

- Start & end dates may change as necessary.
- Please advise program staff at pre-registration of any conditions requiring accommodations.



#### **NO SMOKING POLICY:**

For the health & safety of learners and staff, **smoking is prohibited** at ALL times on ALL school premises, including doorways & parking lots.

### Senior Discounts.

- Age 60 and older, 30%, discount offered on specified classes only

The Valley Unified Regional Service Center is committed to the principle of Affirmative Action by not discriminating in their programming & honoring all related laws on the basis of: race, national origin, religion, sex, sexual orientation, age, or disability (Title VI, Title VII, Title IX of the 1972 Educational Amendments, Section 504 of the Rehabilitation Act, the Individuals with Disabilities Act of 1990 and the Age Discrimination Acts of 1967 and 1975).

### Valley Unified Continuing Education

84 Pleasant Street  
Fort Kent, Maine 04743

Non-Profit Org.  
US Postage Paid  
Fort Kent, Maine 04743  
Permit No. 50

ECRWSS  
POSTAL CUSTOMER

